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For the circle, radius r :

$$\text{Area} = \pi r^2; \text{Perimeter} = P_1 = 2\pi r$$

Equilateral triangle, side l :

$$\text{Area} = 1/4 l^2 (3)^{1/2} = 0.433 l^2; \text{Perimeter} = P_3 = 3l$$

Square, side s :

$$\text{Area} = s^2; \text{Perimeter} = P_4 = 4s$$

Regular convex pentagon, side d :

$$\text{Area} = 5/4 d^2 \tan 54 = 1.720 d^2; \text{Perimeter} = P_5 = 5d$$

Because all areas are equal we get the relationships between all of the sides and the circle radius, namely $\pi r^2 = 0.433 l^2 = s^2 = 1.720 d^2$

Letting t_1 , t_3 , t_4 , and t_5 equal the times required to walk P_1 , P_3 , P_4 and P_5 respectively, and because the rate of walking is uniform:

$$P_1/t_1 = P_3/t_3 = P_4/t_4 = P_5/t_5$$

In this problem, $t_1 = 2$ hours

1. We can now solve for l in terms of r

$$l = (\pi/0.433)^{1/2} r = 2.694r, \text{ so that } P_3 = 3l = 8.081r = 8.081P_1/2\pi = 1.286P_1$$

The perimeter of the triangle is 1.286 times the circumference of the circle.

From before, $P_1/t_1 = P_3/t_3$ so that $t_3 = P_3 t_1 / P_1 = 1.286 \times 2 \text{ hours} = 2.57 \text{ hours}$ to walk the triangular shaped plot.

2. Solving for s in terms of r , and then substitute this value in P_4

$$P_4 = 4s = 4r(\pi)^{1/2} \text{ and } r = P_1/2\pi, \text{ so that } P_4 = 2P_1 / (\pi)^{1/2} = 1.128 P_1$$

The perimeter of the square is 1.128 times the circumference of the circle.

From before, $P_1/t_1 = P_4/t_4$ so that $t_4 = P_4 t_1 / P_1 = 1.128 \times 2 \text{ hours} = 2.26 \text{ hours}$ to walk the square shaped plot.

3. Solving for d in terms of r and substituting into P_5 yields

$$d = 1.351r \text{ so that } P_5 = 5d = 6.757r = 6.757P_1/2\pi = 1.075P_1$$

Thus, it takes $1.075 \times 2 \text{ hours} = 2.15 \text{ hours}$ to walk the pentagon perimeter.